## NC Triple P Model Scale-Up Plan & Regional 5-Year Strategic Planning Process

In early 2019, the PSG requested that the NC Triple P Design Team draft a Triple P model scale-up plan for systemwide partners. In response, members of the NC Triple P Design Team facilitated a structured decision-making process among PSG members over several months. This enabled the PSG to outline and then provide feedback on the features of the plan before and during drafting. At the February 2020 NCLC meeting, the PSG released the **NC Triple P Model Scale-Up Plan** to state, regional, and local Triple P coordinators, funders, policymakers, and other partners. The plan provided detailed information about the core activities, strategies, structures, and processes needed to scale-up and support the Triple P system of interventions to reach whole communities as driven by local needs.

Soon after releasing the Model Scale-Up Plan, the PSG requested that all DHHS-funded Triple P regions engage in a community- and data-driven strategic planning process so that regional Triple P partners could proactively plan Triple P activities over the next five years. Wake County Triple P, funded separately at that time by a private endowment, chose to participate as well.

To facilitate this process, at the request of the PSG, the NC Triple P Design Team developed the **Five-Year Strategic Plan Template**, which aligned with the NC Triple P Model Scale-Up Plan. Regional Triple P partners in communities scaling the full Triple P system used this template to detail planned implementation activities, strategies, structures, and processes that align with those detailed in the NC Triple P Model Scale-Up Plan.

The intention was not for communities to replicate the Model Scale-Up Plan but to begin to approximate—in ways specifically tailored to each community’s needs, resources, and specific visions—the models provided in the Model Scale-Up Plan. Secondarily, the PSG intended to use this process to increase statewide consistency among communities scaling Triple P, at least in terms of the core program and implementation components needed for community-driven success and sustainability. The Five-Year Strategic Plan Template also included a separate section for regional Triple P partners to detail planned activities, strategies, structures, and processes to continue support for emergent or developmental Triple P activities in regional communities not presently scaling the full Triple P system.

To aid in the strategic-planning process, the NC Triple P Design Team provided a “**Frequently Asked Questions**” document and discussed it with all regional Triple P partners early in their strategic planning activities.

Once the five-year strategic plans had been completed, they were to serve as a guide for regional Triple P coordinators in completing Annual Progress and Action Plans (APAPs), required by the PSG. In this way, APAPs were to serve as a tool for community Triple P leaders and implementation teams to review their annual progress and set action plans for the upcoming year based on their five-year strategic plan activities.

The PSG was responsible for communicating, allocating resources toward, ensuring accountability regarding, and otherwise leading the statewide five-year strategic planning process and related APAPs. The NC Triple P Support System was responsible for tailoring statewide and regional support strategies to support the development, revision, and overall implementation of regional five-year strategic plans and related annual activities.

Due to the COVID pandemic in 2020 and 2021, regional engagement in strategic planning was hampered. Though every region turned in a draft of a complete or incomplete five-year strategic plan in August 2021, the pandemic essentially undermined regional Triple P leaders’ and implementation teams’ abilities to engage community partners and carry forward with intended strategic planning activities in efficient and fully effective ways. In 2023, the PSG effectively released all Triple P regions from oversight of progress on their five-year strategic plans due to these impacts but encouraged regions to continue using these plans as useful.