## Determining Readiness for Participation in ICTP Regional Implementation Support

A major intended use of the ICTP practice model is to assist regional partners scaling the Triple P system of interventions in developing or improving implementation capacity and performance. This use of the practice model is grounded in five assumptions about regional and broader system partners’ readiness. These readiness factors are listed in Table 6.1. Additionally, regional support participants must be able to agree to and follow through with the expectations laid out in the ICTP document *Partnering With The Impact Center at FPG’s Regional Support Team*, located in [Appendix A](https://ictp.fpg.unc.edu/template-compendium/appendix-a-catalogue-of-ictp-resources-for-entering-into-support-partnerships/).

Insufficient readiness related to one or more of the five factors in **Table 6.1**, in and of itself, should *not* preclude the provision of ICTP regional implementation support by ICTP implementation support practitioners (ISPs). In reality, readiness is a constantly changing contextual feature of implementation and scale-up activities, particularly across individuals and teams in organizational and system environments.

Although full partner readiness to engage with regional Triple P programmatic or implementation supports is ultimately not their responsibility, ICTP ISPs may use strategies to influence or contribute to regional readiness for engaging in ICTP implementation support. Several example strategies are listed in Table 6.1. Using these, or similar, strategies may be necessary to move ICTP implementation support work forward in a variety of situations. Because some strategies may involve practice work outside of the regional level, ICTP ISPs working at different system levels (e.g., state vs. regional) may need to combine their efforts to be most effective.

**Table 6.1** Key Readiness Factors for Engaging in ICTP Regional Implementation Support and Example ISP Strategies for Influencing Readiness

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Download Brief #5: Foundations of the ICTP Implementation Support Practice Model, Section [Equity in Implementation Practice](https://ictp.fpg.unc.edu/wp-content/uploads/equity.docx) (docx) for additional discussion on equity in implementation practice.

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| Key Readiness Factors for Engaging in ICTP Regional Implementation Support | Example ISP Strategies for Influencing Readiness to Engage in ICTP Regional Implementation Support |
| Regional and broader system partners invite Triple P programmatic and implementation supports to address identified community needs. | Support regional and broader system partners to   * assess community needs and preferences related to parent and family support, and * engage community partners to explore the fit of Triple P for identified needs and preferences. |
| Regional and broader system partners are able to resource Triple P programmatic and implementation activities in racially equitable ways at some level of scale within the region. | Support regional and broader system partners to identify or advocate for sufficient resources, such as funding, time, and personnel effort.  Support regional and broader system partners to match the level of available resources with a proportionate level of scaling activities. |
| Regional partners are willing and able to explore system performance improvements and related changes to their implementation practice behaviors and organizational policies, structures, and procedures. | Use mixed-methods assessments to develop a shared understanding of regional strengths and needs related to implementation.  Engage current/potential regional partners with motivational interviewing strategies. |
| Willing and capable leaders are continuously engaged to facilitate organizational and systems learning and improvement activities. | Work with current/potential regional partners to identify and engage needed leaders.  Educate and advocate leadership involvement in regional implementation and scaling activities.  Engage regional leaders with motivational interviewing strategies. |
| Broader system partners (e.g., funders, policymakers, community members with lived experience) are willing and able to support change processes and engage in related co-creation efforts. | Work with current/potential regional partners to identify and engage needed co-creation partners and processes.  Educate and advocate for broader system partner involvement in regional implementation and scaling activities.  Identify and acknowledge where partners have differing resources to engage in co-creation efforts and support change processes. Advocate for equitable resources.  Engage co-creation partners with motivational interviewing strategies. |

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Regional Triple P partners’ readiness to engage in ICTP regional support is an important factor to consider when determining *when* to engage in such support or, if ICTP project team capacity to provide support is limited, *which* regional partners to prioritize for support. The ICTP project team has developed a variety of resources and protocols that may be useful when exploring regional Triple P partners’ readiness to engage in ICTP support. These resources are located in [Appendix A](https://ictp.fpg.unc.edu/template-compendium/appendix-a-catalogue-of-ictp-resources-for-entering-into-support-partnerships/).

Providing ICTP regional implementation support in the context of limited partner readiness will greatly limit the effectiveness of support. At best, progress may be slow or stall. At worst, relationships between the ICTP project team and regional partners may become strained. Therefore, when regional partners and the ICTP project team reach a consensus that *sufficient* *readiness* for engaging in ICTP regional support is not present, they may discuss alternative support options and activities offered by the ICTP project team and allowable within the scope of regional partner agreements with their funders and state Triple P leaders. For example, universal supportactivities or design and consultation support activities (Refer to [Brief #8, ICTP Design and Consultation Support](https://ictp.fpg.unc.edu/wp-content/uploads/ictp-design-and-consultation-support.docx)) may be deemed more feasible or appropriate.

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To learn more about universal supports, download

Brief #6: ICTP Implementation Support Practice at the Regional Level, section [Dynamic Implementation Support](https://ictp.fpg.unc.edu/wp-content/uploads/dynamic-implementation-support.docx) (docx).

At times, the readiness assumptions may become insufficiently met in the course of an existing support engagement, or existing support participants may become unable to consistently meet the expectations in the “Partnering” document. In these cases, ICTP regional support teams should meet with regional Triple P leaders and implementation team members to review assumptions and expectations, determine adjustments or strategies that might enable expectations to be met, or revisit the current nature of the support relationship, as discussed above.

Regardless, the ICTP practice model at the regional level is not intended to be used with individuals as the sole focus of support or with implementation teams without active, involved organizational and system leaders who can create opportunities for change and nurture change once it is underway [2].