



## Triple P System Implementation Outcomes: *Sustainability*

Sustainability is the “extent to which a newly implemented intervention is maintained or institutionalized within a service setting’s ongoing, stable operations” (Proctor et al., 2011, p. 70). Community coalitions can continually monitor the extent to which

- (1) service agencies are actively implementing Triple P services, and/or
- (2) practitioners are actively delivering Triple P programs to community parents and families

as methods for assessing program sustainability.

It has been found that Triple P service agencies without a program sustainability plan in place are less likely to continue Triple P implementation (Aldridge et al., 2016). Sustainability plans should account for each of the programmatic (e.g., program materials and training), implementation (e.g., agency implementation teams), and financial resources needed to continue Triple P within an agency.

It is recommended to monitor program sustainability and sustainability planning as early in the implementation process as feasible, and to continuing monitoring to gain a complete picture of program effectiveness and possibilities for continuation.

### References

- Aldridge, W. A., II, Murray, D. W., Prinz, R. J., & Veazey, C. A. (2016). *Final report and recommendations: The Triple P implementation evaluation, Cabarrus and Mecklenburg counties, NC*. Chapel Hill, NC: Frank Porter Graham Child Development Institute, University of North Carolina at Chapel Hill.
- Proctor, E., Silmere, H., Raghavan, R., Hovmand, P., Aarons, G., Bunger, A., Griffey, R., & Hensley, M. (2011). Outcomes for implementation research: Conceptual distinctions, measurement challenges, and research agenda. *Administration and Policy in Mental Health and Mental Health Services Research*, 38, 65-76.