Triple P
Positive Parenting Program
for every parent

Triple P is a successful program with known benefits for families and communities. Great!
But how does a community that's scaling-up Triple P get it going and keep it going?
With effective implementation!

What is Effective Implementation?

Effective implementation is about ensuring community Triple P practitioners, organizations, and partners are engaged and well-supported to make positive parenting happen, together.

Effective Prevention & Wellbeing Strategies × **Local Capacity for Successful Implementation & Scale-Up** = **Supportive & Efficient Human Service Systems** + **Improved Health & Wellbeing for Individuals, Families, & Communities**

EFFECTIVE IMPLEMENTATION ENSURES:

- Triple P is put into practice as intended and in response to parent needs and preferences

- Community partners work together to identify and address barriers and promote community-wide support

- Triple P outcomes are realized and continually improved over time

- The development of community capacity that can apply beyond Triple P to other programs

- Appropriate return on investment for all Triple P stakeholders

Triple P helps define **WHAT** needs to be provided to parents and families. Implementation identifies **HOW** to support Triple P scale-up and improvement, **WHEN** certain activities may be the most helpful to undertake, and **WHO** will do the work so you see positive outcomes.

Why take such an intentional and active approach to implementation? We know that traditional ways of implementing programs through funding, training, and sharing information aren't enough to see the outcomes we want. Families and children will experience the full benefits of Triple P when communities develop resources and abilities (capacity) in 5 key areas and use those capacities in a systematic way.
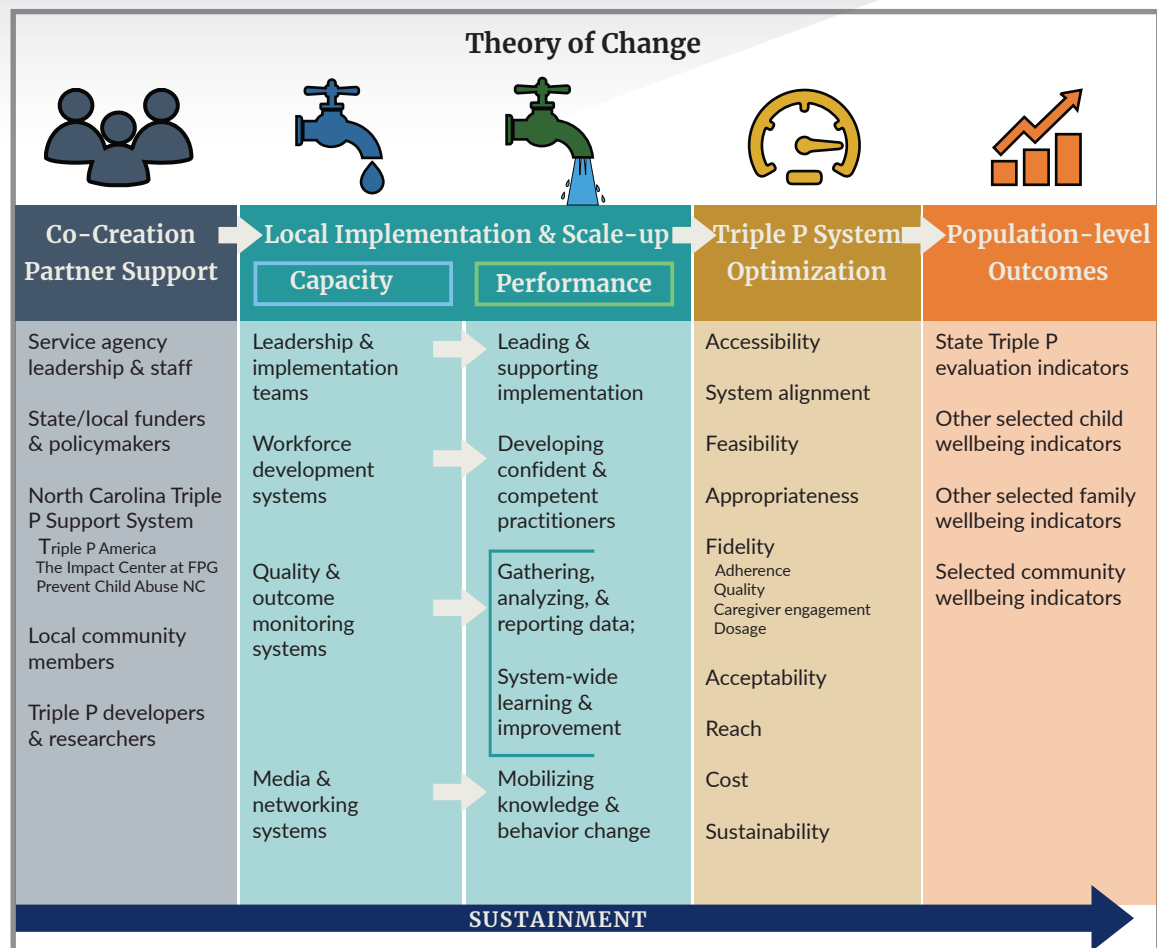
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THE **IMPACT** CENTER at FPG Building Capacity for Stronger Systems and Communities

ICTP Implementation Capacity for Triple P

UNC **FRANK PORTER GRAHAM CHILD DEVELOPMENT INSTITUTE**

The Theory of Change describes 5 key areas that your community needs to scale-up Triple P with success.

These capacities enable the necessary structures and practices within your organization and across your communities to effectively scale-up and sustain Triple P!

1 *Getting the right partners at the table and fully involved in supporting Triple P activities*

2 *Developing leadership and implementation teams, linked within strong community coalitions*

3 *Developing a system for recruiting, selecting, training, and coaching practitioners*

4 *Developing data monitoring systems that help your organization and coalition improve and be efficient*

5 *Establishing ways to broadly share positive parenting messages through media and social networks*

Effective implementation leads to Triple P benefits in your community!

Theory of Change

Co-Creation Partner Support	Local Implementation & Scale-up		Triple P System Optimization	Population-level Outcomes
	Capacity	**Performance**		
Service agency leadership & staff	Leadership & implementation teams	Leading & supporting implementation	Accessibility	State Triple P evaluation indicators
State/local funders & policymakers	Workforce development systems	Developing confident & competent practitioners	System alignment	Other selected child wellbeing indicators
North Carolina Triple P Support System			Feasibility	
Triple P America	Quality & outcome monitoring systems	Gathering, analyzing, & reporting data;	Appropriateness	Other selected family wellbeing indicators
The Impact Center at FPG			Fidelity	
Prevent Child Abuse NC		System-wide learning & improvement	Adherence	Selected community wellbeing indicators
Local community members			Quality	
			Caregiver engagement	
			Dosage	
Triple P developers & researchers			Acceptability	
			Reach	
	Media & networking systems	Mobilizing knowledge & behavior change	Cost	
			Sustainability	

SUSTAINMENT