



ICTP
Implementation
Capacity for Triple P

Cross-Walking Implementation Practice Activities and Improvement Science Methods

ICTP Implementation Support Practice Action Guide Series
Action Guide 7 Resource



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Overview

The Implementation Capacity for Triple P (ICTP) Implementation Support Practice Action Guide Series is intended to serve as a comprehensive guide and reference document for current and future Triple P Support System partners in North Carolina and South Carolina. It also serves as a model that can be generalized or adapted by funders, policymakers, and other implementation support providers to support the scale-up of similar programs and practices.

The ICTP Implementation Support Practice Action Guide Series contains three sections:

1. Effective Implementation Systems: Partners and Capacities
2. ICTP Implementation Support Practice Model
3. ICTP Project Infrastructure for Ongoing Learning and Improvement

Effective Implementation Systems: Partners and Capacities consists of:

- Action Guide 1: NC Triple P System Overview
 - Action Guide 1 Resource: Support Systems in Action: Alignment of Support Among Triple P America and Intermediary Organizations
- Action Guide 2: NC Triple P Implementation Evaluation
- Action Guide 3: ICTP Integrated Theory of Change

ICTP Implementation Support Practice Model consists of:

- Action Guide 4: ICTP Practice Model: Background & Development
- Action Guide 5: ICTP Practice Model: Foundations
- Action Guide 6: ICTP Regional Implementation Support
- Action Guide 7: Digging Deeper into the Practice Model at the Regional Level
 - Action Guide 7 Resource: Cross-Walking Implementation Practice Activities and Improvement Science Methods
 - Action Guide 7 Resource: Cross-Walking Adult Learning Best Practices with Implementation Support Practice Activities Related to Individual and Team Behavior Change
- Action Guide 8: ICTP Design & Consultation Support
- Action Guide 9: ICTP Media & Networking Activities

ICTP Project Infrastructure for Ongoing Learning and Improvement consists of:

- Action Guide 10: ICTP Project Infrastructure for Ongoing Learning and Improvement

A Glossary is available that can help navigate key terms in each Action Guide.

The Practice Activity Deep Dive Resource (PADDD) provides comprehensive information about the 50 practice activities that operationalize the 10 core practice components (CPCs) of the ICTP implementation support practice model, and will be useful beginning with Action Guide 6.

Please refer to the [ICTP Implementation Support Practice Action Guide Series website](#) for a brief description and links to each Action Guide, three Action Guide Resources, a Glossary, the PADDD, and videos from the team.

Cross-Walking Implementation Practice Activities and Improvement Science Methods

The alignment of implementation practice and improvement science methods can create potent organizational/system support. In this resource, we cross-walk key elements of the model for improvement [1] with core practice components (CPCs) in the Implementation Capacity for Triple P (ICTP) implementation support practice model.

The model for improvement begins with three key questions for improvement:

1. What are we trying to accomplish?
2. How will we know that a change is an improvement?
3. What changes can we make that will result in an improvement?

The first question, “What are we trying to accomplish?” is inherent in ICTP regional support teams’ *facilitation of collaborative agreements on implementation performance goals on which to focus support* (CPC 4), particularly essential practice activity 4.2, set realistic, jointly determined goals for establishing or improving specific domains of implementation performance. To the degree that ICTP regional support teams can facilitate the development of strong Aim statements (“specific, measurable, time-sensitive statement[s] of expected or anticipated results of an improvement process” [1, p. 760]), practice activities can be poised to set up continuous improvement cycles.

The second question, “How will we know that a change is an improvement?” draws the attention to mixed-methods assessment resources and activities utilized to *assess implementation capacity, performance, and progress toward intended outcomes* (CPC 3). Initial CPC 3 activities may be used to establish baselines of current performance. Repeated CPC 3 activities can gauge whether change happened because of change activities, whether change reflects improvement, and the degree to which the overall Aim statement has been accomplished.

The third question, “What changes can we make that will result in an improvement?” is inherent in several essential practice activities across CPC 4, CPC 5 (*acquisition of new implementation practice knowledge and skills*), and CPC 6 (*facilitation of implementation capacity development*):

- set realistic, jointly established strategies focused on developing organizational or system structures, resources, policies, or practices to meet each implementation performance goal (practice activity 4.4);
- facilitate the identification of early wins (practice activity 4.5);
- set and monitor the progress of implementation practice learning objectives related to prioritized implementation performance goals (practice activity 5.1);

- working together with leaders and teams, develop, adapt, and/or monitor the progress of shared action plans to advance previously identified strategies focused on the development of organizational resources and abilities to meet prioritized implementation performance goals (practice activity 6.1); and
- facilitate the incorporation of PDSA (Plan-Do-Study-Act) methods into shared action plans (practice activity 6.4).

This set of practice activities requires that ICTP regional support teams work with support participants to develop organizational/system change ideas and related learning and action plans to put those change ideas into place. Here, improvement strategies such as asking the 5 whys and developing driver diagrams and change packages can prove useful.

The confluence of the ICTP regional support teams' facilitation of individual/team behavior change and organizational/system performance improvement cycles is intended to create opportunities for small tests of change, infused with *habituation and experiential learning activities* (CPC 7), *supportive behavioral coaching* (CPC 8), and the *facilitation of organizational and system learning and adaptive problem solving* (CPC 9). This supports the entire Plan-Do-Study-Act cycle in potentially **iterative ways until performance goals are sufficiently realized and community Triple P leaders and implementation teams can self-regulate performance moving forward**.

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For more information about the interplay of the individual/team behavior change cycle and the organizational/system performance improvement cycle, download [Action Guide 7](#).

PRACTICE PRINCIPLE IN ACTION

Iterative, Stage-Based Approach. For more information about ICTP Practice Principles, download [Action Guide 5](#).

Reference List

1. Courtlandt, C. D., Noonan, L., & Feld, L. G. (2009). Model for Improvement - part 1: A framework for health care quality. *Pediatric Clinics of North America*, 56(4), 757–778.
<https://doi.org/10.1016/j.pcl.2009.06.002>