



ICTP
Implementation
Capacity for Triple P

NC CHILD WELFARE TRIPLE P LEARNING COLLABORATIVE

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Impact Center at FPG, UNC-CH

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Objectives



Delivering Triple P: Approaches & considerations.



Referring Out for Triple P: “What it takes” to make good Triple P referrals.



Peer-to-Peer time per topic

What Are Our Goals?

Increased awareness of Triple P and fit with child welfare needs.

Increased knowledge of practices and structures that support successful program delivery.

Increased use of implementation tools, resources, and support.



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Respond at Pollev.com/christinadis707

Text **CHRISTINADIS707** to **37607** once to join, then text your message

Why do you choose to implement or refer to Triple P?

“ To allow families to participate in parenting classes to gain knowledge on appropriate parenting skills, child development, etc. while having the flexibility to work with their schedules ”

Implementing TRIPLE P

CRAVEN COUNTY DSS



Why we chose Triple P

Evidenced
based practice
and education

A parenting
class to focus
on behavioral
interventions

Ability to tailor
class to
demographics
served

The ability to
offer choices to
parents when it
comes to
mandated
services

Our Approach

- Craven County wanted to focus less on compliance of services and more on meeting the parent where they are in their parenting journey.
- We wanted to offer different options and classes to meet specific needs of our clients.
- Work to setup realistic goals that they choose
- Culturally responsive and offered in different languages online
- Individualized plans, goals, and approach to the class



Past Experience

Class in Spring 2022

Did not have buy in of clients

Was offered in person instead of virtually

Assessments were done at the first class

Clients sizzled out over the length of four weeks to the point no one was left in the class by the 4th session

Fall 2022 class starting September 27,
2022


Completing assessments prior to the class
individually with clients

Constant contact about start date and
what the class will look like

Discussion before hand about buy in to
the class

Will be offered virtually to alleviate
barriers such as transportation

Last class will be a party to celebrate
success



How will we
do it different
this time?



Who will we serve?

- Permanency planning clients primarily
- In home clients (in home workers being trained on Level 3 Individual)
- Community- hospitals, drs offices, etc.
- Family Support clients



WE WILL BE PROVIDING
THE ASSESSMENTS PRIOR
TO THE CLASS ON AN
INDIVIDUAL BASIS



CLIENTS WILL GET A COPY
OF WORKBOOK INSTEAD
OF PAYING \$30 FOR THE
BOOK (WE WILL MAKE
COPIES OF ALL HANDOUTS
AND SLIDES THAT ARE
LOCATED IN THE BOOK)



CLIENTS WILL HAVE
ACCESS TO TIP SHEETS
WHEN APPROPRIATE



Supporting Clients in Sessions

Plans Moving Forward

- Plan to continue to offer virtually
- Eventually will have in person classes as well to offer choices to clients
- Will offer classes in the mornings and evenings
- Will offer classes on different days



Ways we are Preparing

- One on one sessions with each parent to complete assessments
- Regular meetings with co-facilitators
- Regular meetings with Regional Contact, Lynn Carter
- Making copies of workbooks and handouts
- Prepping with co-facilitator to practice session slides





Questions?

Small Group Breakouts



What strategies do you use to support quality Triple P implementation?

Peer-to-Peer Support

When responding to a topic, consider:

- What might be going well, even in the face of challenges?
- I have found that doing this helps mitigate this challenge...
- I have had some success using this approach...

Annotation & Sharing Time

- Make sure you take the time to learn DSS job before adding on Triple P.
- Letting SW's learn about Triple P – website other practitioners.
- Changing Triple P delivery due to COVID. Take time to think about Triple P and what families and the agency needs. Consistently reflecting and being flexible and adaptable.
- Help remove barriers for the families by printing resources and/or offering childcare and meals (if group sessions are in person).

Select practitioners using a criteria (e.g. interest, length of time with the agency, caseload)

The family's Triple P practitioner is different than their assigned social worker.

Have an experienced Triple P practitioner shadow a new practitioner.

Use peer-to-peer support to help us think through implementation challenges.

Start small first! One unit at a time based on data (e.g. need of families and ability to provide services)

For us, prevention isn't just about those we serve, but all families!

South Carolina: Triple P Initiative Goals

- Overarching Goal: To increase parenting support across Spartanburg County so that parent engagement with their children is positively impacted, and so that overtime County maltreatment rates decline.
- My primary role as The Positive Parenting Program Director is to coordinate all project activities across Spartanburg County
- Spartanburg County is the pilot for Triple P expansion in South Carolina Hope Center for Children is the Backbone Agency

Initiative Goals

- Increase and normalize parenting support across Spartanburg County
- Have a positive impact on the level of engagement that parents have with their children
- Cause a reduction in maltreatment rates
- Decrease the rate of out of home foster care placements in Spartanburg County



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Implementation Strategies

- Further Implementation of the marketing campaign
- Better utilize the faith community
- Continue to ensure fidelity and to support implementing agencies
- Target established populations (such as, schools, churches, day cares and non-profits)



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Engaging the Child Welfare System

- Meet with Leadership to increase buy-in
- Present to Child Welfare Workers as often as possible (large and small groups)
- Flexibility is Key (scheduling sessions, in-person/virtual, feedback)
- Referral vs Levels: Engaging Child Welfare Workers and Families - Knowledge of the need and Knowledge of the welfare system

Why I Chose This Work

1. What is my role in the South Carolina Triple P system and what led you to this work?
2. Why do I think Triple P is a good fit for child welfare involved families?
3. Reflecting on my child welfare experience and now my Triple P role, what keeps me showing up and striving to better the Triple P and DSS connection?

I Believe in This Program



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Durham Lead Implementing Agency

- Be patient!
- Find a Champion within the referring agency.
- Talk to the agency and staff frequently about Triple P (e.g. what the program is, expectations, fit for families).
- Make sure the referral process is clear and accessible.
- Relationships are key!:
 - Help build communication pathways for questions.
 - Ease information sharing about family needs and engagement with the program.

Small Group Breakouts



What strategies do you use to support quality Triple P referrals?

Peer-to-Peer Support

When responding to a topic, consider:

- What might be going well, even in the face of challenges?
- I have found that doing this helps mitigate this challenge...
- I have had some success using this approach...

Annotation & Sharing Time

- Encourage DSS staff to audit a Triple P training or go through Triple P online to increase their understanding of the program and what families will receive.
- Consider a process for screening referrals either with the referring agency or with the family.
- Consider modeling a tipsheet for DSS staff to allow them to experience the program.

Get in front of agency staff frequently through staff meetings and one-on-one time.

Find an agency champion!

Explain the program and expectations.

Focus on building relationships and be patient!

Make sure agency staff have access to program information (e.g. referral forms, 1-page info sheets, etc.)

Accessing Support

Resources

[Child Welfare Triple P Resource Page](#)

Links to:

- Triple P Level Descriptions
- Newsletters and Learning Collaborative materials
- Implementation tools

Targeted Support

Kimberly Maloney
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Waterfall Chat

One idea I am leaving with or plan to try...