

## Partnering with the Impact Center at FPG’s Regional Support Team: What to Expect

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### WHAT IS YOUR IMPACT CENTER AT FPG REGIONAL SUPPORT TEAM?

A team of two Implementation Specialists that partners with your Triple P region to provide proactive and responsive implementation support for scaling the Triple P system of interventions. Implementation Specialists with specific content expertise (e.g., quality and outcome data monitoring, Level 1 Triple P planning, health equity), may be invited to join regional support activities as needs arise.

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### GOAL

As part of the NC Triple P Support System, our goal is to support local leaders’ and partners’ development of shared resources and abilities that can enhance regional Triple P scale up efforts with a focus on equity and inclusion.

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### DIRECT SUPPORT OPPORTUNITIES

The Impact Center at FPG offers three tiers of implementation support. Selection of support tier is mutually determined based on the Triple P Region’s support needs and preferences and is re-evaluated every 6 months. All Triple P Regions participate in universal support tier activities.

## WHAT DOES OUR IMPLEMENTATION SUPPORT LOOK LIKE?



Identifying existing regional strengths and ongoing opportunities for development, through:

- Building collaborative relationships
- Using assessment processes (interviews, measures, and record reviews)
- Collaboratively identifying regional goals on which to focus support activities



Reinforcing the importance of co-creation partners, engaged in power-sharing and full inclusion of community voices, to ensure program and implementation strategies are informed by regional needs and context and result in equitable processes and outcomes.



Leveraging existing strengths and developing new resources and abilities:

- Using improvement processes
- Planning concrete steps together
- Sharing responsibility and ownership of action items
- Strengthening and building teams’ and organizations’ abilities to achieve their regional outcomes
- Using a variety of interactive tools, resources, facilitation, and learning activities



Strengthening leaders and teams’ abilities to influence equitable organization and systems change needed to support successful, sustainable, and community-driven Triple P regional goals.



Communicating with, providing feedback to, and supporting the intentions, requirements, and needs of statewide funders, policymakers, Triple P America, PCANC, and other system partners

## TIERS OF SUPPORT

| Tier                            | Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Format                                                                                                                                                                                                                                                                                               |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| INTENSIVE BROAD-FOCUSED SUPPORT | <ul style="list-style-type: none"> <li>Typically entails regular, ongoing support with a comprehensive focus on regional capacity to scale-up Triple P (conceptually similar to a Level 4 Triple P approach).</li> <li>Generally, a good fit for regions starting up their initiatives, revamping their initiatives/planning on changes requiring broad consideration, or generally wanting to focus broadly across community resources and abilities to scale-up Triple P; and who are willing and able to commit time and effort to regular support.</li> </ul>               | <ul style="list-style-type: none"> <li>Up to 12 onsite days/year</li> <li>Up to 24 distance supports/year</li> </ul>                                                                                                                                                                                 |
| BRIEF NARROW-FOCUSED SUPPORT    | <ul style="list-style-type: none"> <li>Typically entails episodic support on discrete areas of regional capacity to scale-up Triple P or discrete Triple P scaling challenges as indicated by regional needs (conceptually similar to a Level 3 Triple P approach).</li> <li>Generally, a good fit for established sites with broad capacity already in place and support needs related only to discrete topics; or for regions who are only able to engage in episodic support on discrete topics due to time-limited contextual challenges, needs, or preferences.</li> </ul> | <ul style="list-style-type: none"> <li>Up to 6 onsite days/year</li> <li>Up to 12 distance supports/year</li> </ul>                                                                                                                                                                                  |
| UNIVERSAL SUPPORT               | <ul style="list-style-type: none"> <li>Broadly applicable support information, resources, and assessments provided across regions, to participants in group settings, or accessed by participants independently for their own use and application. All Triple P Regions access these support activities.</li> </ul>                                                                                                                                                                                                                                                             | <ul style="list-style-type: none"> <li>Community Capacity Assessments every 6 months</li> <li>6-month check-in to evaluate support needs.</li> <li>NCLC &amp; Office Hours</li> <li>Support</li> <li>Webinars</li> <li>ICTP Online Simulation Lab</li> <li>ICTP Communications activities</li> </ul> |

## WHAT DO REGIONS RECEIVING SUPPORT DO?

### Triple P Regions engage in their selected tier of support by:

- Ensuring leaders and staff engage in ongoing relationship building, assessment, and shared action planning activities to guide and tailor the support process,
- Ensuring implementation team members and other leaders are engaged in regular in-person meetings, web-conferencing and other support activities,
- Participating in implementation capacity assessments every 6 months to track progress and inform ongoing action plans at each level of the NC Triple P System,
- Providing data on a regular basis to help us monitor and improve our support processes,
- As possible and agreeable, sharing local Triple P outcome data with us to help better understand the impact of our support processes,
- Applying acquired implementation skills, resources, and abilities into your day-to-day work across the Triple P Region,
- Ensuring organizational and community leadership remains actively engaged in the support process, including regular participation in support activities as available or needed and consistently demonstrating support for the shared change processes,
- Participating in collaborative problem-solving to identify and determine strategies to address adaptive challenges in the work,
- Provision of assessment, capacity building, and support activities to your regional Triple P service agencies using acquired skills, resources, and abilities from the support process.