1. Google NC Triple P Online or

[www.triplep-parenting.com](http://www.triplep-parenting.com/)

1. On landing page for Triple P
   1. Select Online Program
   2. Select (0 - 12 years) or Teen Program
   3. Select **Start Now** button or Scroll down to registration form and complete
      1. First name
      2. Last name
      3. Email address
      4. NC county
      5. Number of 0-5-year old children in your **Household**
      6. Number of 6-17-year old children in your **Household**
   4. Select **Register** button

\*You will receive your individual code and password in your email plus a link to the modules.

***Suggest you save and print out for easy reference.***

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**To login or return to your modules is easy**

1. Type in <https://northcarolina.tripleponline.net/login>
2. Type in <https://teen.tripleponline.net/login>
3. or

Access your saved emailed link which will take you to a page requesting that you enter your

* email address and
* password.

1. Select **Login**

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**To save the login page on a smartphone - iphone**

1. Select the **share** tool
2. Select **Add to Home Screen**

**To save the login page on a smartphone – Android**

1. Select the **Menu** button
2. Select **Add to Home Screen**