



# Request for Information: Support Opportunities for LIAs Scaling-Up Triple P

July 2018

## ACKNOWLEDGEMENTS



*The North Carolina Triple P Support System would like to thank The Duke Endowment, the North Carolina Division of Social Services, and the North Carolina Division of Public Health for their support of this opportunity.*

The purpose of this RFI is to learn about the interest, fit, feasibility, and readiness of North Carolina LIAs to engage with a range of supports to build sustainable resources, abilities, and performance that support the local use of Triple P.

## Background & Rationale

The Triple P – Positive Parenting Program system of interventions offers evidence-based parenting and family support strategies for all families. Triple P employs a public health approach to parenting and family support to reach entire communities and improve population-level child and family wellbeing. By offering families varying intensities of parenting support across flexible delivery formats (e.g., individual, group, online), Triple P enables families to set and reach goals in ways that match their specific needs and preferences.

The Triple P system, with program support from Triple P America (TPA) and funding support from the North Carolina Division of Public Health (DPH), and the North Carolina Division of Social Services (DSS), is currently being scaled-up within 36 counties in North Carolina. Additionally, there are 12 counties that have some trained practitioners, but do not currently have support for community-wide scale-up of the full Triple P system. To ensure a community-wide reach of evidence-based parenting and family support, these counties are organized into ten regions, including two independent county Triple P coalitions, one of which is supported by the John Rex Endowment. Regions consist of multiple counties implementing Triple P, often involve an array of local family serving agencies, organizations, and schools that are delivering various interventions from the Triple P system, and are supported by a Local Implementing Agency (LIA).

Improved outcomes for families and children are not routinely reproduced from research into real-world settings. Applied implementation science has identified active processes and core functions that are necessary for bringing the full experience of an intervention to children and

families. Doing “what it takes” to successfully spread Triple P for community-wide reach and impact can be effectively supported by coordinated, statewide supports, and may be particularly helpful when done in partnership with program purveyors (i.e., a group representing a program that helps others implement a program as intended and with good effect), statewide funders, and policymakers. Purposeful and active support from program purveyors, such as Triple P America, and state-based support organizations contributes to the local development of resources, abilities, and performance for effective and sustainable implementation.

The Impact Center at FPG’s Implementation Capacity for Triple P (ICTP) project at University of North Carolina at Chapel Hill and Prevent Child Abuse North Carolina have the opportunity to expand supports available for LIAs scaling-up Triple P in their communities. Examples of supports that will be available to LIA’s are listed in paragraphs below. **Through this Request for Information (RFI), we would like to learn about the interest, fit, feasibility, and readiness of North Carolina LIAs to engage with these agencies and supports to build sustainable resources, abilities, and performance that support the local use of Triple P.** Upon reviewing responses, The Impact Center at FPG, PCANC, TPA, and state leaders and funders will determine when and where to provide these supports in a way that best serves Triple P scale-up efforts across the state and matches the level of readiness as well as the needs of counties.

## Our Request

The Impact Center at FPG and Prevent Child Abuse North Carolina (PCANC), in partnership with Triple P America, The Duke Endowment, the North Carolina Division of Social Services, and the North Carolina Division of Public Health, ask all North Carolina LIAs to participate in the RFI and readiness process: **Support Opportunities for LIAs Scaling-Up Triple P.** Specifically, we would like to learn about the interest, fit, feasibility, and readiness of North Carolina LIAs to engage with a range of supports to build sustainable resources, abilities, and performance that support the local use of Triple P. We recognize that LIAs are at different stages of scaling-up Triple P. While some LIAs might be ready to gear up their efforts and can engage with more intensive levels of support, other LIAs might be re-tooling their scale-up efforts and do not have the capacity to engage with intensive support at this time. However, these LIAs might be able to use some basic resources and guidance to get to a point where they would benefit from more intensive support. Knowing where support is needed and how ready an LIA is to receive that support will help us match our efforts with local needs.

After review of RFI responses, we will conduct site visits to engage LIAs in a deeper discussion around readiness, expectations, and local support needs. In the end, we hope to identify the LIAs that are most likely to benefit from intensive support (e.g., regular onsite and distance coaching and technical assistance) as well as those that are more likely to benefit from other, less intensive supports (e.g., webinars, resources, workshops). **Those sites that are more likely**

**to benefit from intensive support on an earlier timeline will be invited to partner with the Impact Center at FPG and/or PCANC to receive intensive supports related to each site's identified needs for implementing Triple P in their community or region. Other, light-touch supports will also be made available for all interested LIAs.**

### Available Supports

The Impact Center at FPG and PCANC will partner with selected LIAs to tailor and apply needed supports within a local context. This will involve a collaborative relationship process with local LIA and Triple P coalition leadership, Triple P Coordinators, and agency partners, thoughtful reviews of progress and needs to date, and formal assessments of readiness and capacity for the scale-up of Triple P. Support will typically be provided in the form of regular onsite and distance coaching and technical assistance. Types of support may include, among others:

- Helping to ensure that the right community partners are at the table to support a hospitable environment for Triple P. [Partnership Engagement Support]
- Helping to ensure widespread and consistent messaging about positive parenting. [Communication Support]
- Helping to ensure a community's system capacity and performance to scale Triple P with success and sustainability (e.g., establishing and building leadership and team structures for implementing Triple P). [Implementation Support]
- Helping to ensure that Triple P practitioners can competently and confidently deliver Triple P as intended and in ways that are responsive to parent needs and preferences (e.g., ensuring ongoing practitioner coaching). [Workforce Development Support]
- Helping to ensure communities are confident navigating policy and finance environments to optimize Triple P sustainability. [Policy & Finance Support]

Intensive support partnerships usually progress over a two-to-four year period, though will be tapered in intensity as locally defined goals are met. The first set of sites to engage in these intensive support partnerships is likely to begin in the Fall of 2018.

### Eligibility & Requirements

North Carolina LIAs that are supporting the scale-up of the full Triple P system across a county or region are eligible to complete this RFI. **Per state leadership request, all LIAs are required to participate in the RFI and readiness process.** The actual costs of support from The Impact Center at FPG and the PCANC team are being paid by The Duke Endowment and the North Carolina Division of Social Services. If invited to participate in enhanced support partnerships, the LIAs costs are "in-kind," consisting of time, willingness, and active participation in enhanced support activities.

### Instructions

The RFI has five sections that must be completed in order for your response to be considered complete:

- I. Respondent Contact Information
- II. Organizational Leadership and Partnership
- III. Progress-To-Date
- IV. Collaboration
- V. Acknowledgements

## Logistics

**The submission deadline is Sunday, August 5, 2018 at midnight EST.** The completed document should be submitted online [here](#). You may email questions to Jenna Barnes, North Carolina Implementation Capacity for Triple P Project Manager, at [jenna.barnes@unc.edu](mailto:jenna.barnes@unc.edu). **In advance of the deadline, webinars will be held on July 13, 2018 from 9:30-10:30am and July 17, 2018 from 2:30-3:30pm to answer any questions regarding the RFI and the Support Opportunities for LIAs Scaling-Up Triple P.** Webinars can be accessed using the following:

Join from PC, Mac, Linux, iOS or Android: <https://fpgcdi.zoom.us/j/931889196>

Or iPhone one-tap:

US: +16468769923,,931889196# or +16699006833,,931889196#

Or Telephone:

Dial (for higher quality, dial a number based on your current location):

US: +1 646 876 9923 or +1 669 900 6833

Meeting ID: 931 889 196

After the submission deadline, The Impact Center at FPG, PCANC, TPA, and partners (NC Divisions of Public Health and Social Services, and The Duke Endowment) will review responses. The Impact Center at FPG and PCANC staff will then travel to LIAs from mid-August to early September to further discuss fit of this opportunity with local LIA and Triple P coalition leadership, Triple P Coordinators and other support staff, and representatives from local agencies. The Impact Center at FPG and PCANC will likely have additional questions about the local Triple P collaborative, its history, and its vision for the future; and local Triple P collaborative members will have the opportunity to ask questions about enhanced support plans and processes. These meetings are projected to take a half-day. Final decisions and notifications will be made in September 2018.

| Timeline                                   |   |
|--|---|
| <b>RFI Posted</b>                          | July 9, 2018  |
| <b>Webinars</b>                            | July 13, 2018, 9:30-10:30am<br>July 17, 2018, 2:30-3:30pm |
| <b>Response Deadline</b>                   | August 5, 2018  |
| <b>Site Visits</b>                         | August and September 2018                                 |
| <b>Final Decisions &amp; Notifications</b> | September 2018  |

## RESPONDENT CONTACT INFORMATION

|   |
|---|
| <b>Local Implementing Agency (LIA) name:</b>  |
| [Name of initiative]  |
| <b>Please list the county names included in this cluster/region:</b>  |
| [County names]  |
| <b>Please indicate the counties in your region that are scaling-up Triple P (as opposed to those for which you are providing coverage):</b> |
| [County names]  |
| <b>County-Cluster Triple P Coordinators:</b>  |
| [Names]   |
| <b>Other County-Cluster Triple P Implementation Team Members:</b>   |
| [Names and roles]   |
| <b>Respondents' names:</b>  |
| [Names]   |
| <b>Respondents roles within the local Triple P initiative (not necessarily roles or title in agency):</b>                                   |
| [Title]   |
| <b>Email addresses of respondents:</b>  |
| [Email]   |
| <b>Phone numbers of respondents:</b>  |
| [Phone]   |

## ORGANIZATIONAL LEADERSHIP & PARTNERSHIP

- 1. Please describe your Triple P County-Cluster Leadership Team. This should be the team with ultimate oversight and executive decision-making authority for your Triple P initiative. How often is this team meeting? *If still in development, what plans are in place for creating a County-Cluster leadership team?***

[Answer]

- 2. Does each county in your County-Cluster have their own local Triple P Leadership Team? If so, please describe these teams below. Please provide details about how often, on average, they are meeting.**

[Answer]

- 3. Please list the names, titles, roles, and agency affiliations of up to five staff members with deliberate roles to the support the implementation of Triple P across your County-Cluster (e.g., these staff would be members of your County-Cluster Triple P Implementation Team).**

[Answer]

- 4. For each county in the cluster, please list the active agencies involved in your Triple P collaborative or coalition (Agency name, population served, number of trained and active practitioners).**

[Answer]

- 5. Please list all current funding (fundors and time periods) for your Triple P initiative (County-Cluster and county efforts). This may be funds for Triple P training and support, TA for implementation, and/or evaluation.**

[Answer]

- 6. Please describe your Leadership Team's shared vision toward achieving population-level success relative to improved parenting support.**

[Answer]

**7. In what other ways are you supporting or interacting with agencies in your County-Cluster that are delivering Triple P?**

[Answer]

**8. In what ways are you interacting with individuals or organizations *other than Triple P service agencies* in your County-Cluster? What is your vision for more broadly engaging partners in your County-Cluster?**

[Answer]

**9. Whose role(s) include addressing and ensuring Triple P sustainability in your County-Cluster? What are your current sustainability plans?**

[Answer]

**10. Please provide a web address for the Triple P initiative at the cluster and/or county-levels, if available.**

[Answer]

## PROGRESS TO-DATE

**11. Please list all the Triple P program variants currently being provided by agencies in your County-Cluster.**

[Answer]

**12. What other evidence-based programs (EBPs) are currently offered in your County-Cluster region? Please be sure to include information about other parenting support EBPs, such as Incredible Years, Strengthening Families, and Circle of Parents, if relevant.**

[Answer]

**13. Please describe the most important accomplishments and successes to-date related to implementing Triple P in the counties in your cluster.**

[Answer]

**14. Please describe your Triple P County-Cluster's areas of need or challenges to-date related to implementing Triple P.**

[Answer]

**15. Which areas of intermediary support (i.e., Workforce Development, Partnership Engagement/Communication, Policy/Finance, Implementation Support) are your agencies/coalition members identifying as priorities for Triple P scale up?**

[Answer]

**16. Please list your County-Cluster's most significant priorities for expanding and/or sustaining Triple P.**

[Answer]

**17. Please describe how enhanced support from the Impact Center at FPG and/or PCANC might help you address your challenges and priorities related to implementing and sustaining Triple P.**

[Answer]

**18. How are you structuring practitioner peer support networks in and across your County-Clusters? How often are they expected to meet? What kinds of quality assurance mechanisms do you have in place?**

[Answer]

**19. Please describe your use of the PASS Coaching Model, including any challenges and successes with the model.**

[Answer]

**20. What advocacy efforts have you tried, if any, for influencing policies that support Triple P, positive parenting supports, or other related initiatives?**

[Answer]

**21. Please describe how your LIA has used the Stay Positive media campaign and your local media and communications plans for promoting the use of Positive Parenting.**

[Answer]

**22. What support needs does your LIA have regarding communication with parents in your community?**

[Answer]

## COLLABORATION

**23. Please describe your LIA's history of engaging in cross-system, interagency partnerships.**

[Answer]

**24. Intermediaries (such as PCANC and the Impact Center at FPG) provide a range of resources to support the scale up of Triple P. What can you tell us about your agency's willingness and abilities to collaboratively work with PCANC and/or the Impact Center at FPG project team?**

[Answer]

**25. Please describe if and how your Triple P County-Cluster is collaborating with Triple P America (TPA) to support your implementation of Triple P.**

[Answer]

**26. Please describe if and how your Triple P County-Cluster is already collaborating with other technical assistance providers to support your implementation of Triple P.**

[Answer]

**27. How else might Triple P America (TPA) or other TA providers help to strengthen the implementation of Triple P in your County-Cluster/region?**

[Answer]

**28. Please describe if and how children, youth, and families have been most helpful in the implementation of Triple P in your County-Cluster/region. How else might these key stakeholders strengthen the implementation of Triple P in your region?**

[Answer]

**29. The NC Division of Social Services is now providing financial support for Triple P in North Carolina. Please describe if and how your LIA is working with your local county DSS agencies to support the use of Triple P or other programs/services in your region. How else might your LIA engage with your local county DSS agencies to strengthen the implementation of Triple P in your region?**

[Answer]

## ADDITIONAL INFORMATION (optional)

**30. If needed, please use this section to convey any additional information you feel is important for the Impact Center at FPG and PCANC to know about your Triple P County-Cluster and initiative.**

[Answer]

## ACKNOWLEDGEMENTS: Please review, check, and sign

- I/we acknowledge having the authority and/or permission to complete and submit this completed RFI for The Impact Center at FPG and PCANC enhanced support on behalf of [name of LIA].
- I/we understand that, upon initial RFI reviews and if identified as a potential candidate, our LIA agrees to be available for on-site exploration meetings during the months of August and September 2018. Meetings are expected to take a half-day and should be attended at various points by LIA and Triple P coalition leadership, Triple P Coordinators support staff, and representatives from local agencies to further discuss fit with the enhanced support opportunity.
- I/we understand that direct costs for support from PCANC and The Impact Center at FPG during the project period are paid for by the Duke Endowment and the North Carolina Division of Social Services.
- I/we understand that, if invited to participate in the enhanced support opportunity, our LIA's costs are "in-kind," consisting of our time, willingness, and active participation in enhanced support activities.
- I/we understand that, if invited to participate in the enhanced support opportunity, our LIA agrees to partner in planning and participating in various enhanced support activities, including on-site support with LIA and local Triple P coalition leadership, Triple P Coordinators and support staff, and local Triple P service agencies, and virtual support, such as web and phone conferencing, online learning, and other virtual activities.
- I/we understand that, if invited to participate in the enhanced support opportunity, our LIA commits to a multi-year partnership with The Impact Center at FPG and/or PCANC.

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Signature

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Date